What's on the Menu?

Lincoln Middle School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			Strawberry Smoothie Blueberry Muffin	Egg & Cheese Wrap
5 Chicken Sausage, Egg & Cheese on an English Muffin	6 Waffles With Warm Blueberries	7 Breakfast Burrito Ham, Egg & Cheese	Strawberry Breakfast Yogurt Parfait with Granola	Egg & Cheese on an English Muffin
Bacon, Egg, & Cheese on a Biscuit	Egg & Cheese on an English Muffin	Pancakes Breakfast Syrup	Blueberry Smoothie Blueberry Muffin	Ham, Egg, & Cheese on an English Muffin
19 Ham & Egg on a Bagel	French Toast Breakfast Syrup	21 Egg & Cheese on an English muffin	Very Berry Breakfast Yogurt Parfait with Granola	Bacon, Egg & Cheese on a Biscuit
happy 26	Pancakes Warm Apple slices Breakfast Syrup	28 Breakfast Pizza Eggs, Bacon, Onions, Green Peppers	Strawberry Smoothie Blueberry Muffin	30 Egg & Cheese Wrap

Daily Offerings

Assorted Cereals
Assorted Shribark
Muffins
Bagels
Fresh Fruit, Chilled Fruit
Craisins, Raisins
100% Fruit Juice
1% Low Fat Milk
Fat Free Chocolate Milk









Locally Grown